The Early Years

Terry Stanley Fox was born July 28, 1958, in Winnipeg, Manitoba and was named after uncles on both sides of the family. He had an older brother Fred and a younger brother and sister, Darrell and Judith.

Early pictures show Terry as a serious child, wearing a white shirt and bow tie in one photo, a cowboy shirt with fringed trousers in another. Even as a child, the qualities that would bring him success in later life were in place. He was determined and tenacious.

Terry’s mother Betty recalled that as a toddler he stacked wooden blocks tirelessly. If they tumbled down, he’d try again and again until they stayed in place. Terry developed patience, too. As a child he loved games that lasted a long time. Luckily, he enjoyed his own company because few children had his perseverance even in play. He could amuse himself for hours. Sometimes he set up a table-hockey game and devised a long, complicated season’s schedule. He would play for both teams, allowing three passes before he would switch sides and shoot for the other team. He continued playing long after his interest in working the players had waned, he said, because he wanted to see who won. Terry loved playing with toy soldiers, too. He would bundle up carpets and make fortresses of them in the basement, arranging his armies of action figures and soldiers from both world wars on either side. When the soldiers lay face down, they were dead; face up, they were wounded. He fought to the last man.

The boys all loved sports, whether it was road hockey or baseball, and they all liked to win, no matter what they were playing. Sometimes Terry and Fred would gang up on their father Rolly as he lay on the chesterfield. They would pummel him, and he’d fight them both. Each one did his best to get in the last punch, although Fred and Terry would usually be in tears before the rough-housing was over. “We really fought dirty,” Terry remembered. “We’d be bawling our eyes out but we’d come back for more. Even to get one more shot in was worth it.”

Betty and Rolly insisted on good behaviour and respect for older people. Well into adulthood, the Fox children would continue to address family friends as Mr., Mrs., or Miss. They changed their clothes after school before going out to play. Good table manners were important too: use your knife and fork, keep elbows off the table, no hats at the table.

They were expected to stay out of trouble, and if they got a job, they were to keep it. The children started berry-picking when they were nine or ten years old and continued at these seasonal jobs when they were teenagers. By twelve or thirteen, they were buying their own school clothes and later would buy their own golf clubs and ten-speed bikes. “Everything wasn’t handed to them, they all had to learn to do for themselves,” Betty said. The children didn’t have paper routes because she said it wasn’t fair to make them get up at 5:00 am. They needed rest and they needed time to play.
In elementary school, he played baseball. Sometimes he’d arrive an hour early at the
corner where he was to pick up his ride, just to make sure he’d get to the park on
time. When they were in grade eight, Bob McGill, the physical-education teacher at
Mary Hill Junior High School, noticed two young players: Terry and his friend Doug
Alward. Terry was “the little guy who worked his rear off. If there was a race, he’d be in
the middle of the pack. In class, he’d be sitting three-quarters of the way back, so small
that in the big junior-high desks his feet wouldn’t touch the floor. His head would be
lowered, and if a teacher was looking for answers to questions, Terry would be saying
to himself, ‘Oh, God, please don’t let him ask me, please. If he does, I’ll just die.’ And if
a girl happened to look his way, he’d just shy away.” Doug was much the same. He and
Terry had at least three things in common in grade eight: both were introverts, both
stood five feet tall, and both were crazy for basketball. Doug, who was also a talented
cross-country runner, was a first-string basketball player; Terry, however, was terrible at
the game, even by the standards of the Mary Hill Cobras. McGill suggested Terry try out
for cross-country running. He might as well have asked Terry to skydive. The boy had
no interest in running, but Terry started training anyway, because he had so much
respect for the coach and wanted to please him. He found the workouts exhausting, and
was often afraid to start the runs because they were so demanding. The biggest reward
came at the end, when the coach would welcome the runners in, and say, “Well done,
men.” That’s what Terry remembered: his teacher congratulating the skinny boys by
calling them men.

Terry still wanted to play basketball. After three basketball practices, McGill suggested
that he might be better suited for wrestling. There were other small boys who showed
more ability than Terry as guards. But Terry was determined to stick with the game,
even if he was the nineteenth player on a team of nineteen. He worked hard in practice
and was rewarded with one minute of floor play all season. He thought his teammates
laughed at him for that, but he didn’t let it get him down.

That summer he called Doug and said, “Do you want to play a little one-on-one?” Doug,
at the other end of the line, paused, remembering that Terry was a pretty fair runner, but
a lousy basketball player, and said no. But Terry persisted. The second time he called,
Doug agreed. “I could probably beat him twenty-one to nothing, but I don’t remember if I
ever did. He might get ten points off me,” Doug said, “but the point was he couldn’t beat
me.” The two boys played hard all summer. Doug’s older brother Jack, who was a gifted
high-school basketball player, often joined them. By grade nine, there were four boys
pounding the floor of the Mary Hill gym every morning before school. Doug wasn’t one
of them, but Terry was.

“Mom and Dad didn’t like me getting up early to go to school to play basketball,” Terry
recalled. “Because they didn’t want me to go early, I’d wait until the very last minute to
get out of bed. I’d eat my breakfast as fast as I could, and I’d run all the way — and
Mary Hill was far from our house. I’d run in the dark with all my books and clothes
flying.”
He remembered days when he felt sick with flu or a cold, when he should have stayed in bed, but he forced himself to his feet and ran to school anyway. He didn’t want to fall behind in his classwork, but most of all he didn’t want to miss a moment of basketball. Bob McGill had that effect on all the boys on the team. When he said, “If you want something, you work for it, because I’m not interested in mediocrity,” Terry and the others listened. McGill told them they could be the best, but only if they got up early, practiced before school, and stayed late afterwards. He didn’t call him Mr. McGill as the other boys did. He called him Coach, and said it with respect. McGill’s policy was not to cut anyone from the team, but he let the boys know that only the twelve best players would be allowed floor time. In grade nine, Terry was one of the twelve best. He wanted to be as good as the coach believed he could be. “He was such an inspirational person, I wanted to show him that I was a lot better than being laughed at by the other players,” Terry recalled. McGill chuckled with pride, remembering the way he pushed and encouraged the team, and the way Terry, in particular, responded: “If I had told Terry to hit his head against the wall, he would have,” McGill said, “because that’s how much he believed in what I was trying to do.”

By grade ten, Terry had earned a place on the team as a starting guard. His pal Doug was a co-winner of the Athlete of the Year Award at Mary Hill. They’d both earned respect. McGill remembered Doug and Terry as starting guards in a game against the team with the tallest players in the league. When the Johnston Heights boys lined up against the Mary Hill boys, they just started laughing. Doug and Terry were now both five-foot-six, but the boys they had to check seemed like giants. There’s no question which team won, but at the end of the game, the two Johnston Heights guards came over to shake hands with Doug and Terry. They knew they’d been in a game.

In grade eleven, when Terry joined the Port Coquitlam High School Ravens basketball team, he was a starting guard. Doug, who had taken a term at Centennial High School because it offered a better athletic program, remembered Terry once scored twenty points in the first half of a game. “All of a sudden, he’d become somebody by working hard,” Doug said. Even when the team was being clobbered, the basketball coach, Terri Fleming, recalled that Terry never gave up.

By 1976, the one-on-one games between Terry and Doug were repeated, but with a twist: Terry could now beat Doug twenty-one to nothing. Except once. Doug recalled: “Terry was taller than me in grade twelve, and I remember playing with him in practice. I faked him out and, to my horror, I scored on him. I couldn’t believe I had scored. He was mad, and the reason he was mad was that he had let down. He had thought, ‘Ah, Alward, I can stuff him,’ but I had faked him out. He picked up the basketball and slammed it down hard on the floor. The other guys in the line-up just looked on in stunned silence.”

Terry shared the Athlete of the Year Award with Doug in grade twelve. Doug had become an accomplished runner and came second in the British Columbia cross-country finals. He always liked to deflect attention from himself, saying that Terry deserved the award more than he did because Terry was a better basketball player, a
first-class soccer player, and a gutsy rugby player. Doug recalled one rugby game in particular: “This big guy got by everybody, and Terry was the last guy to stop him. Terry got him with this fantastic tackle. Man, he was tough! I could feel it from the sidelines. Holy cow, he should have had pads on. He may have been scared, but he’d stand there and face it.” Later, when Doug won a $2,000 Nancy Greene Scholarship to university, he wrote a cheque for that amount and sent it to Terry with a note saying Terry was a better athlete and more deserving of the award. Terry returned the cheque, but no one forgot Doug’s kindness.

Although Terry remembers being an average student at Mary Hill, the truth is he and Doug made it to the honour roll a few times. Both had a fondness for biology. That science was made for them because it required lots of memorization. The two hard-driving athletes, who were by this time used to putting in long hours in training, applied the same discipline to memorizing a hundred pages of biology notes.

The competitive spirit they shared in sports was also apparent in their academic work. Doug, who seems to have been the sly one, turned to subterfuge to set Terry up again. This time his ploy was to tell Terry that he was not going to open a book to study for their next exam, but secretly, at home on the other side of town, Doug drove himself to desperation with study. When the exam results were posted, Terry was amazed to see that Doug had earned one of the top scores. Later, analyzing the outcomes, Doug thought he beat Terry — who, he believed, was more naturally gifted — because Terry let down his guard. In his mind the challenge was diminished. Why did Doug go through this exercise? “I wanted to beat him.” Terry worked and played in a competitive world.

Betty was annoyed when Terry belittled his academic abilities. She wasn’t a pushy mother, but she let him know she had high expectations of him. Terry remembered presenting his mother with his School report card and watching her carefully, wondering what she thought of his grades. Were they good enough? Was she proud of him? Was he doing well? “Sometimes, because I knew she cared, I’d do things for her,” he said. “Even in school I wanted to get good grades to show her I could do it.”

Terry’s interests and friendships broadened in high school, and he and Doug drifted apart. Terry spent more time with his basketball teammates. He went to parties with them, would have a few drinks, and remembered getting roaring drunk a couple of times. He even dated occasionally. “There were lots of girls I knew who liked me and wanted to go out with me, but I was still too shy,” he said. He didn’t have a steady girlfriend. He felt more at ease with his locker-room friends, and more than anything, he said, he enjoyed playing basketball. Terry wasn’t interested in the drug culture that left some in his generation dozing on the beaches. He never sampled marijuana, not even out of curiosity.

Judith saw her older brother as a complex person. He was obedient — that wanting-to-please part of his personality — but Terry gave all of himself in everything he tried, and he expected the same from others. They would fight, she said, when she wouldn’t do what her mother asked her to do. He was funny, too. He loved to joke around, wrestle,
play hide-and seek. “There was this silliness, all the time. He was an incredible person. He knew how to be serious and get the job done, but also had a lot of fun.”

He graduated from Port Coquitlam High School with A’s and one B. Memorization and all the self-discipline in the world couldn’t get him through essay writing, the subtleties of Waiting for Godot, and other high school literature assignments.

While Terry wasn’t sure he wanted to go to university, Betty was sure that he should. He enrolled at Simon Fraser University in part to please her and in part for himself. He knew he wanted to play more basketball, though he realized that the competition at university, especially at SFU, which had the best varsity team in British Columbia, would be fierce. Naturally, that would attract rather than deter Terry. He was also thinking he might want to be a high-school physical education teacher. He liked the idea of being “the coach” to a bunch of skinny boys with more drive than talent. Since he enjoyed sports he chose kinesiology, the study of human movement, as a major, although Betty would have preferred he enrol in one of the professions. It didn’t surprise any of his former coaches or friends that Terry tried out for the SFU junior varsity team. The two-week training camp run by basketball coach Alex Devlin was tough, more of an endurance test than anything else. Devlin and the players, including Mike McNeill, who later became the head basketball coach at SFU, saw others who were more gifted than Terry, but none showed more desire. McNeill, a first-string guard on the varsity team, said: “In the summer after high school, we knew Terry was coming out for the team. I played against him offensively, and he wasn’t that good, but defensively, he was one of the toughest I’d ever played against. He had a lot of pride and he worked hard.” During the training camp, Devlin told Terry, “We’ve been noticing you.” His determination and hard work paid off. He made the team. “There were more talented players who didn’t make it,” McNeill recalled, “but Terry just out-gutted them. People tend to look in awe at players who have a lot of natural ability, but respect from other athletes goes to the guy who works really hard.” That was Terry.

Terry believed the key to his success was his mental toughness. He had learned that training in junior high school as a cross-country runner, in the long hours playing one-on-one, and on the rugby field where his opponents would happily trample him into the mud. He had also learned it at home, where the friendly fisticuffs on the couch were replaced by lively, sometimes stormy, always stubborn debates over cards, over who was the best player in the National Hockey League, over anything.

Terry liked to argue until his brother or father would give up, either from exhaustion or intimidation. In the Fox household, it seemed everybody shared that argumentative streak, the belief that you stick up for yourself, even if you are wrong. The habit of arguing reinforced his stubborn will.