



TERRY FOX Lesson Plan

Sharing his story with your students

Lesson: What is a Hero? Heroes in Our Community

Learning Goal: Students will be able to define what and/or who a hero is, based on previous knowledge gained from the Superheroes vs. Real Heroes lesson, and by looking at their school/Board Character Traits or Virtues, and those from The Terry Fox Foundation. Students will make connections between Terry Fox, the Character Traits and themselves.

Materials/Media:

- Appendix A: The Terry Fox Foundation Character Traits
- Appendix B: Making Connections Between the Character Traits, Terry Fox and Myself
- Appendix C: My Hero book pages (different versions)
- Posters and other videos from The Terry Fox Foundation school kit
- School / Board Character Traits or Virtues

Instructions:

1. Use pictures and/or posters of Terry Fox (provided in the school kit from the Terry Fox Foundation) to prompt discussion about Terry and his Marathon of Hope.
2. Look at your school and/or Board Character Traits or Virtues. Use Appendix A: The Terry Fox Foundation Character Traits to compare and discuss. These are all positive traits and qualities that we are all working towards achieving, maintaining and/or improving each and every day.
3. Ask the class to select a Character Trait or Virtue, which they believe best represents Terry Fox. Create a poster that shows Terry Fox, and clearly identifies the Character Trait or virtue of choice. Hang the posters up during your school's Terry Fox fundraising campaign.
4. Students will use their schema (text to text, text to self, and text to world) to make connections between Terry Fox, the Character Traits, and themselves and complete Appendix B: Making Connections Between the Character Traits, Terry Fox and Myself .

Extension: Complete Appendix C: My Hero or use this as a journal topic, to write about someone they know well, or in their community, who they consider to be their hero. This can be used for a class book or bulletin board display on heroes.

Curriculum Expectations:

Writing

- Write short texts using a few simple forms (e.g. a simple report or story modeled on characters and events from a story).

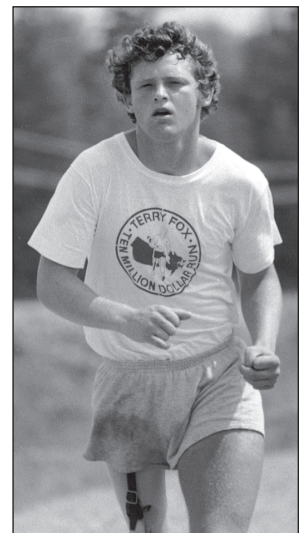
Media Literacy

- Express personal thoughts and feelings about simple media works (e.g. How did you feel about Terry Fox in this movie? What did you learn about Terry?).

Appendix A: The Terry Fox Foundation Character Traits

Caring
Courage
Fairness
Empathy
Honesty
Integrity
Perseverance

*How do these words
connect to **Terry**, to
you, to your **family**, to
your **school** and, to
the **world** around you?*



Appendix B: Making Connections Between The Character Traits, Terry Fox and Myself

Select two of the other character traits to write about:
Perseverance, Caring, Teamwork, Courage, Honesty, Fairness, Integrity

Character Trait	How this relates to Terry	This reminds me of...
Empathy	Terry felt sorry for others going through what he had to go through during his cancer treatment, especially young people. He didn't want other people to have to suffer.	When a person or animal is sick or in pain. I wish I could make it all go away and they can feel better.



My Hero



My hero is _____ .

_____ is my hero because

This is my hero!



By: _____

My Hero



My hero is _____.



_____ is my hero because
