



TERRY FOX Lesson Plan

Sharing his story with your students

Lesson: Grade 12 Recreation and Healthy Active Living - Leadership

Overview: Students will explore the Leadership concept, transformational leadership and the role of leadership in affecting change in society.

Curriculum Expectations: Overall Expectations met for PLF4M (also suitable for the following courses: PSK4U).

A1. Demonstrate an understanding of the concepts of leadership and of the attributes, skills, and styles needed to be an effective leader.

Specific Expectations: [A1.1, A1.2]

Learning Goals:

- Explore the concept of leadership and compare leaders and the various styles they use
- Connect leadership and leadership styles to the environment and situations people are placed in
- Identify the attributes and skills required to support leaders
- Use information to help assess personal leadership attributes and skills

Materials Needed:

Chart paper, markers, access to technology

Appendix A - Who is the Most Transformational Leader?

Minds On: Activity #1 - Small Group Discussion

1. Organize the class into small groups.
2. Post the following questions for discussion within each group:
 - What is meant by the term "Leadership"?
 - What does a leader do?
 - Is a leader born or made?
 - What are the personal attributes and skills that make someone an effective leader?
3. Using the chart paper provided, groups are asked to discuss and record their responses to the questions.
4. Groups will be asked to share their responses with the class.

Activity #2 - Small Group - Brainstorm

1. Groups are to flip over the chart paper and list as many "leaders" as possible from the areas of sport, politics, business, school/community, environmental groups that fit the criteria identified in Activity #1.

Action: Activity #3: Group Inquiry

1. Discuss the following statement: Who has made the greatest transformational impact on society through sport?

Notes to Teachers:

- Each group should select three leaders from their lists created in Activity #2 that they feel best represent the answer to the question above.
- All groups will be asked to use Terry Fox as their fourth leader as they work to complete the activity.
- Using the identified criteria, groups will be asked to research, discuss and determine their consensus on the options provided.
- Groups should use the chart paper, and markers provided to record their discussion points.
- Each group will have 20-30 minutes to complete their research and discussions.
- All groups will be asked to share their results and defend their position at the end of the time provided.

Consolidation: Activity #4 - Personal Reflection

Students are asked to respond to each of the following questions using the discussions and activities during the class:

1. Define the term "leadership" in your own words.
2. What are the common leadership skills that leaders seem to possess?
3. Which are the key skills that you need to develop and how they will make you a more effective leader for both your peers, your school community and the community where you live?

Notes to Teachers: the accompanying powerpoint "The True Power of Sport" and Appendix A can be used to support the set up and implementation of this activity.

Appendix A: Who is the Most Transformational Leader?

Considerations:

Criteria for Judgement:

Transformo - meter	Supporting Evidence
	
	
	
	